

Pancha Tulasi* (5 types of Basil or Ocimum) Drops

Pancha Tulasii (Basil 5) drops are a proprietary blend of 5 types of Tulasi (Basil) such as : Shyam Tulasi (Ocimum Sanctum), Ram Tulasi (Ocimum Gratissimum), Shwet Tulasi (Ocimum Canum), Van Tulasi (Ocimum Basilicum) and Nimbu Tulasi (Ocimum Citridorum).

Following is a short list of Research papers published in various Journals on **BENEFITS OF TULASI (BASIL)**

(1) British Journal of Pharmaceutical Research 3(2): 273-292, 2013. (Sc. Domain Inter.www.sciencedomain.org)

Shyam Tulasi (Ocimum Sanctum) possesses innumerable health benefits and therefore regarded as “*Elixir Of Life*“. This plant truly deserves the title of “*Elixir of Life*” due to its Ethanopharmacological properties such as **Anti-diabetic, Anti cancerous, Analgesic, Anti-inflammatory, Radioprotective, Hepatoprotective, Anti-microbial, Immunomodulatory effect. Cardio-protective, Anti-coagulant, Anti-fertility, Anti-Oxidant, Neuro-protective** and the line-up of multitudinous. **OCIMUM SANCTUM HAS BEEN USED TO TREAT:**

Fever & Cold	Bronchitis	Asthma	Influenza	Sore Throat	Heart Disorder	Eye diseases	Stress
Mouth infections	Insect Bite	Kidney Stone	Headache	Tooth Disorder	Skin Disorder	Children Ailments	Dengue
Malaria	Improve Memory						

(2) International Research Journal of Pharmacy IRJP 2011,2(10), 1-3, ISSN 2230-8407

Shyam Tulasi (Ocimum Sanctum) plants are known to possess therapeutic potential and have been used by, traditional medical practitioners as .

Expectorant	Analgesic	Anti -cancer	Anti-Asthmatic	Anti-Emetic	Diaphoretic	Anti-Diabetic
Anti-Fertility	Hypotensive	Hypolipidmic	Anti-Stress	Hepatoprotective		

Natural Health 365 (naturalhealth365.com)

Van Tulasi (Ocimum Basilicum)- Laboratory studies have shown that **Tulasi (Basil)** leaves are packed with powerful constituents that can boost your health and help fight disease. With **Anti-inflammatory, Anti-oxidant, Anti-spasmodic, Analgesic and Anti-bacterial properties, Tulasi (Basil)** can help safe guard your arteries from **Stroke-causing Atherosclerosis**, slow the progression of degenerative conditions such as **Osteo-arthritis** and inhibit the growth of disease-causing bacteria. Versatile Basil can also ease **Digestive problems**, protect your **Vision**, soothe **Headaches** and strengthen your **Bones**.

For centuries, Natural Healers have employed Tulasi (Basil) as a medicinal herbs to treat a variety of conditions, including **Allergies, Diabetes, Breathing difficulties, Digestive problems and Infections**.

In a 2011 study published in the “Journal of Advanced Pharmacy Education & Research”, researchers found that an Ethanol extract of Ocimum Basilicum had more **Anti-oxidant** activity than a standard Anti- oxidant used as a commercial food preservative.. It can also help slow the progression of degenerative diseases such as **Osteoarthritis** , which are exacerbated by free radical damage.

(4) Mem Inst Oswaldo Cruz, Rio de Janeiro, Vol. 94 (5) Sep./Oct. 1999, pp: 675-678

Ram Tulasi (Ocimum Gratissimum) plants commonly used in folk medicine to treat different diseases, e.g.

Fever & cough	Upper Respiratory Track Infections	Headaches	Pneumonia	Skin Diseases	Diarrhea	Ophthalmic
Conjunctivitis						

(5) WebMD (www.WebMD.com)

Tulasi (Basil) is used for:

Common Cold	Bronchitis	Asthma	Influenza	Stress	Skin Ring Worm	Diabetes	Malaria
Fever	Headaches	H1N1 (Swine) Flu	Viral Hepatitis	Tuberculosis	Heart Disease	Stomach Upset	Ear Ache

It is also used for Mercury Poisoning, to promote Longevity, as a Mosquito Repellent and to counteract snake & scorpion Bites.

(6) Medical News today (www.Medicalnewstoday.com)

According to research conducted at the *Swiss Federal Institute of Technology*, **Basil** contains high quantities (E)-beta-caryophyllene (BCP), which may be useful in treating **Arthritis** and **Inflammatory Bowel Diseases**.

A study presented at the *Royal Pharmaceutical Society* event, revealed that “**extracts of Holy Basil**” were shown to reduce **swelling** by upto 73%.

Note: These days in this polluted environment, everyone should take 1-2 drops of Pancha Tulasi (Basil) in 8-10 oz. of water every day for good health.

* **Pancha Tulasi (Basil)** has not been evaluated by Food and Drug Administration. This product is **NOT** intended to diagnose, treat, cure or prevent any disease or condition. If you are pregnant, nursing or have a known medical problem or under a Physician’s care taking prescription medications, suggest consulting with your Healthcare provider before using this product. Keep this product away from small children.